



# Cross Country -Senior Women

Details of the last race is below.

Theresa and Debbie ran in the recent event in Coventry. Let's try and get more than two competitors in blue and white hoops for the next (and last) cross country this season !!

<u>Date</u>	<u>Place</u>	<u>Time</u>	<u>Distance</u>
Saturday 13th February 2010	Aston University Playing Fields (West Bromwich Div 3 BCCL)	14.00	6K approx

Further information can be found at [www.midlandathletics.org.uk](http://www.midlandathletics.org.uk)

I am not organising set teams, but if you enjoy off road running I hope that you will be able to enter.

Marilyn Maidment